

Fraser COVID-19 Policy and Expectations for Outpatient Services

Thank you for choosing Fraser as your trusted provider. **Your health and safety is our first priority.** In order to keep all of our clients and staff safe, we would like you to review the following information carefully and follow these guidelines.

Mask Wearing

Masking is no longer required at Fraser but it is encouraged. Knowing that everyone has different risk factors associated with COVID-19, please be considerate of any requests from clients or staff to wear a mask during interactions. We may need to reinstate masking requirements if community spread becomes high. We will continue to monitor this and current CDC and MDH guidelines.

COVID-19 Related Exclusions

COVID-19 symptoms include: *fever greater than or equal to 100.4, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell, sore throat, nausea/vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.*

Client Tests Positive for COVID-19

Isolate at least for 5 days from symptom onset OR test date (whichever date is earlier). Must be fever free without fever reducing medication for at least 24 hours.

- If symptoms persist beyond 5 days, continue to remain isolated until symptoms improve and you feel well enough to attend the appointment.

Client Has Symptoms

Isolate immediately and get tested for COVID-19.

- Negative Test or Alternative Diagnosis: Return when symptoms improve or based on the guidance received on alternate diagnosis.
- No Testing AND No Exposure: Return when you feel well enough to attend and your symptoms have improved.
- No Testing AND Known Exposure: Isolate at least for 5 days from illness onset and return when symptoms improve.

Client Has Known Exposure to COVID-19 but has NO SYMPTOMS

No quarantine is required if exposed individual is symptom free AND does not test positive.

- Be cautious and watch for symptoms for the next 10 days. If you develop any symptom, isolate and get tested right away.
- Testing is recommended 5 days from exposure date even if there are no symptoms. Masking during this time is also highly recommended.

If any of the above conditions apply, client's appointments can be requested to transition to telehealth by filling out [Appointment Change Request](#) form or contacting Client Services at 612-767-7222. You may also contact Client Services if you need immediate assistance.