

## Fraser COVID-19 Policy and Expectations for Outpatient Services

Thank you for choosing Fraser as your trusted provider. **Your health and safety is our first priority.** In order to keep all of our clients and staff safe, we would like you to review the following information carefully and follow these guidelines.

### **Mask Wearing**

Masking is no longer required at Fraser but it is encouraged. Knowing that everyone has different risk factors associated with COVID-19, please be considerate of any requests from clients or staff to wear a mask during interactions. We may need to reinstate masking requirements if community spread becomes high. We will continue to monitor this and current CDC and MDH guidelines.

### **COVID-19 Related Exclusions**

**COVID-19 symptoms include:** *fever greater than or equal to 100.4, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell, sore throat, nausea/vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.*

### **Client Tests Positive for COVID-19**

Isolate at least for 5 days from symptom onset OR test date (whichever date is earlier). Must be fever free without fever reducing medication for at least 24 hours.

- If symptoms persist beyond 5 days, continue to remain isolated until symptoms improve and you feel well enough to attend the appointment.

### **Client Has Symptoms**

Isolate immediately and get tested for COVID-19.

- Negative Test or Alternative Diagnosis: Return when symptoms improve or based on the guidance received on alternate diagnosis.
- No Testing AND No Exposure: Return when you feel well enough to attend and your symptoms have improved.
- No Testing AND Known Exposure: Isolate at least for 5 days from illness onset and return when symptoms improve.

### **Client Has Known Exposure to COVID-19 but has NO SYMPTOMS**

No quarantine is required if exposed individual is symptom free AND does not test positive.

- Be cautious and watch for symptoms for the next 10 days. If you develop any symptom, isolate and get tested right away.
- Testing is recommended 5 days from exposure date even if there are no symptoms. Masking during this time is also highly recommended.

**If any of the above conditions apply, client's appointments can be requested to transition to telehealth by filling out [Appointment Change Request](#) form or contacting Client Services at 612-767-7222. You may also contact Client Services if you need immediate assistance.**